

U3A in COVID 19 time, Erasmus+ case studies

Co-funded by the
Erasmus+ Programme
of the European Union



dr Anna Grabowska

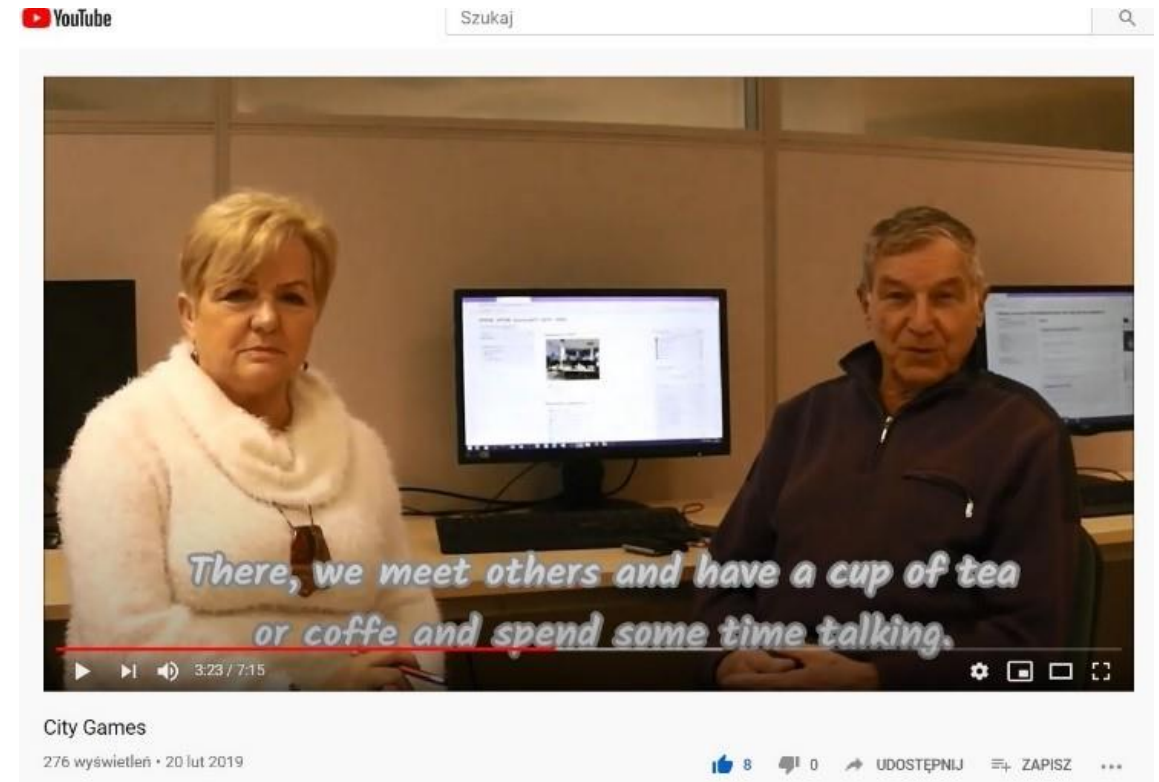


What is U3A/A3A ?

- The University/Academy of the Third Age (U3A/A3A) is an international movement whose aims are the education and stimulation of retired members of the community.
- There is no universally accepted model for the U3A/A3A.
- Its original conception in France as an extramural university activity was significantly modified in the United Kingdom where it was recognized that most people of retirement age have something to contribute and the emphasis has been on sharing, without formal links to traditional universities.

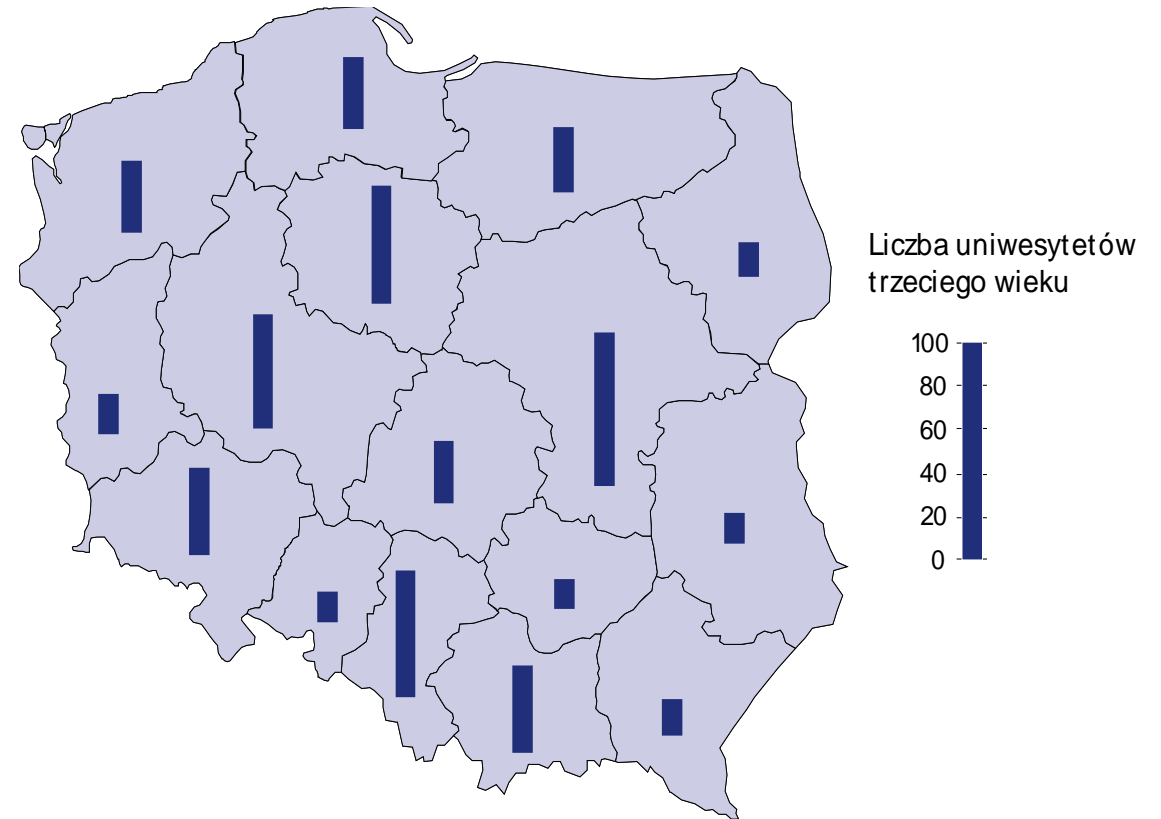
The most popular courses delivered by U3A/A3A

- Art, Classical Studies, Conversation, Computers, Crafts, Debate, Drama, History, Languages, Literature, Music, Sciences, Social Sciences, Philosophy.
- There are also much more activities offered for U3A/A3A participants as Games, Health, Fitness & Leisure (countryside walks, Theatre or Concert Clubs, Travel Clubs, Dance).



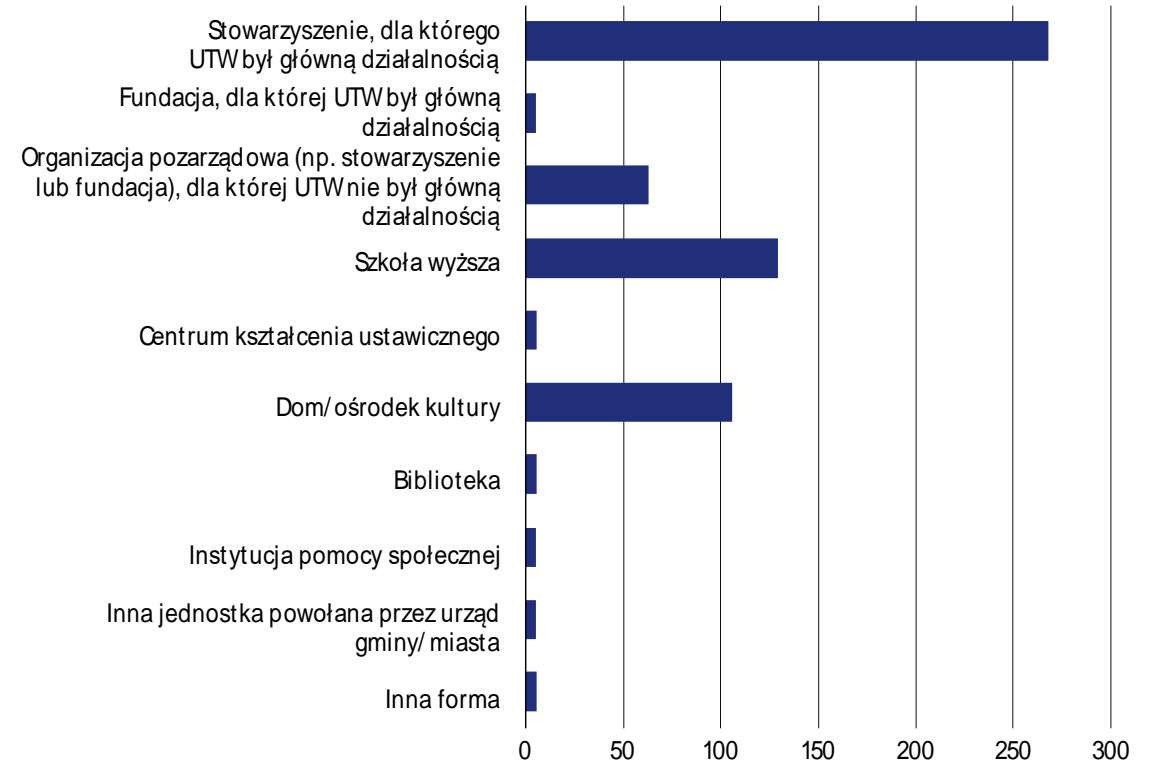
U3A in Poland in 2018

- 599 out of 640 operating U3A took part in the statistical survey carried out in 2018.
- 640 U3A operated in Poland, entities whose main goals are educational activity, integration and activation of older people in order to improve the quality of life and increase their participation in social life.



Organizational and legal form of the Polish U3A

- Polish U3A have a diverse organizational and legal form.
- They operate in the structure of various organizations or institutions.
- Over 56% of universities for seniors functioned in the structure of NGOs.
- 21,5 % U3A operate in the structure of universities.
- 17,7% U3A are located at cultural centers.

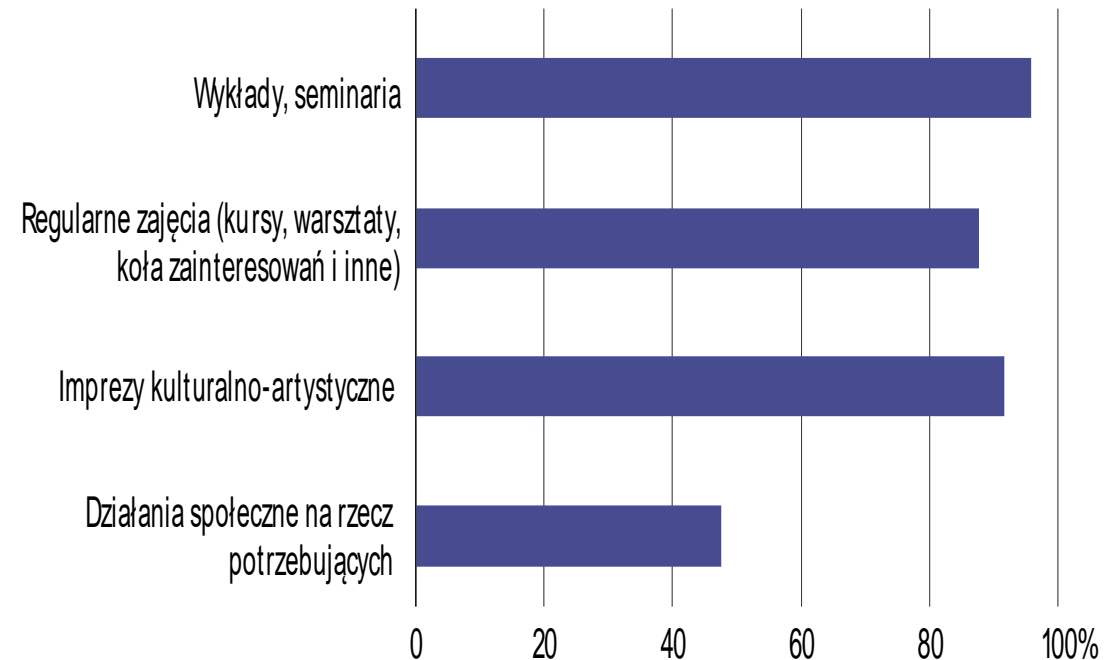


Educational offer of Polish U3A

- The task of the Polish U3A is primarily to organize and conduct lectures, seminars, regular classes, including workshops, courses, interest groups, cultural and artistic activities, as well as social activities people in need.
- Of the U3As that took part in the statistical survey, 575 units had lectures and seminars in their educational offer.
- Nearly 70% of U3As offered students computer classes.
- The attendance of listeners in regular classes is very high(average - over 63%, 9 U3As report 100% attendance).

Dividing U3As according to the forms of conducted educational and other activities

- Lectures and seminars
- Courses, workshops, interests groups
- Cultural and artistic activities
- Social activities on demand



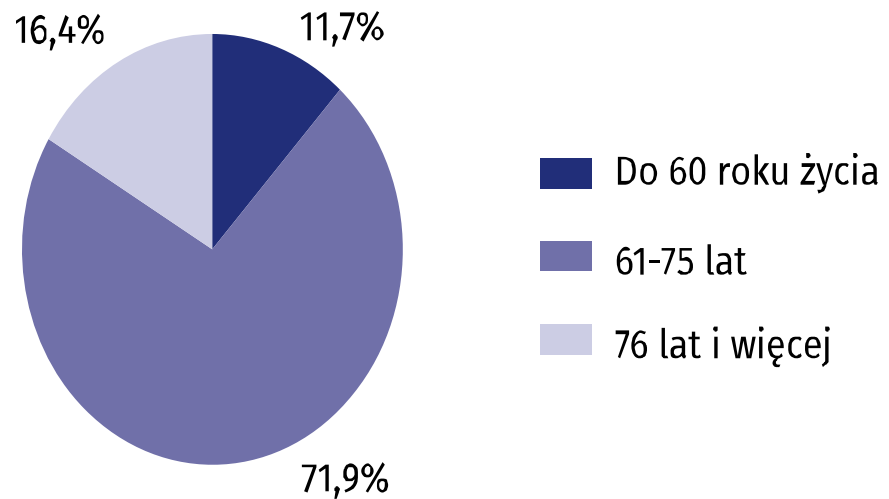
The most popular Polish U3A offer

- Another form of U3As activities are cultural and artistic events offered by 550 units.
- Trips and tourism were the most popular, organized by 98,8% of U3A, as well as going to the cinema, theater, museum or other cultural institutions (92,1%).



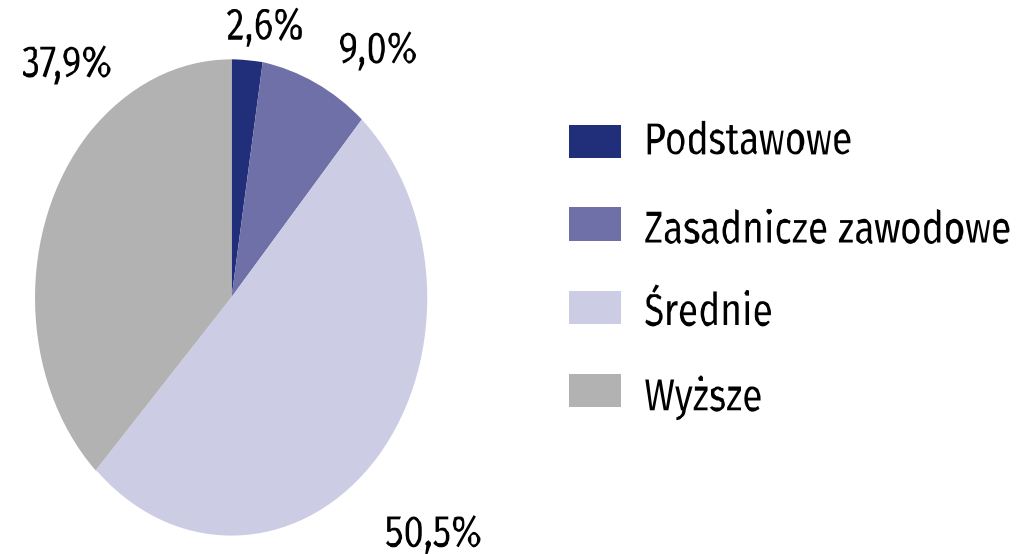
Polish U3A students by age

- Up to 60 years old -11,7%
- 61-75 years old – 71,9%
- 76 years old and more – 16,4%



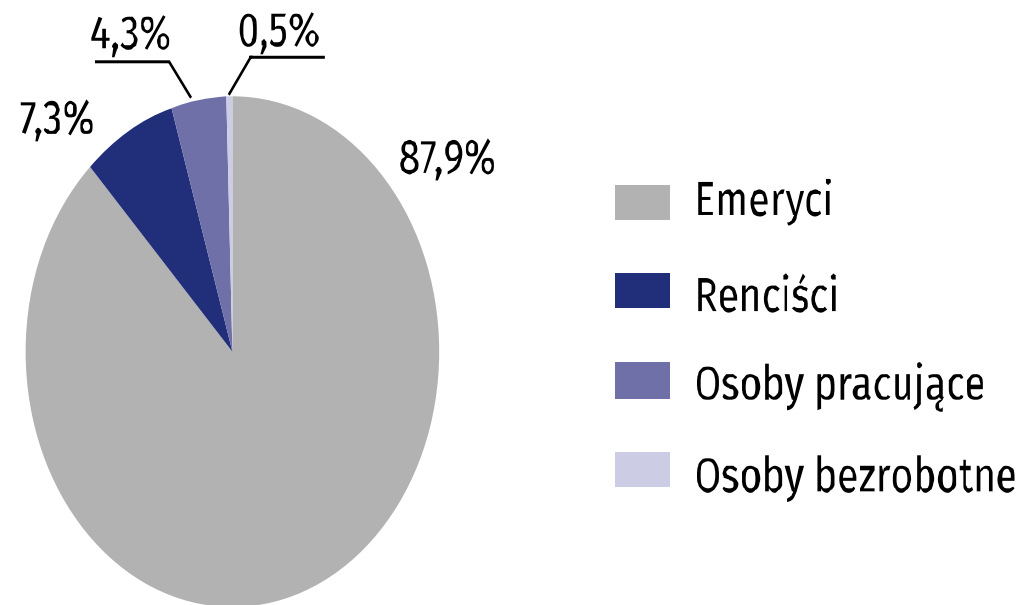
Polish U3A students by education level

- Primary school – 2,6%
- Vocational school – 9,0%
- Secondary school – 50,5%
- High school – 37,9%



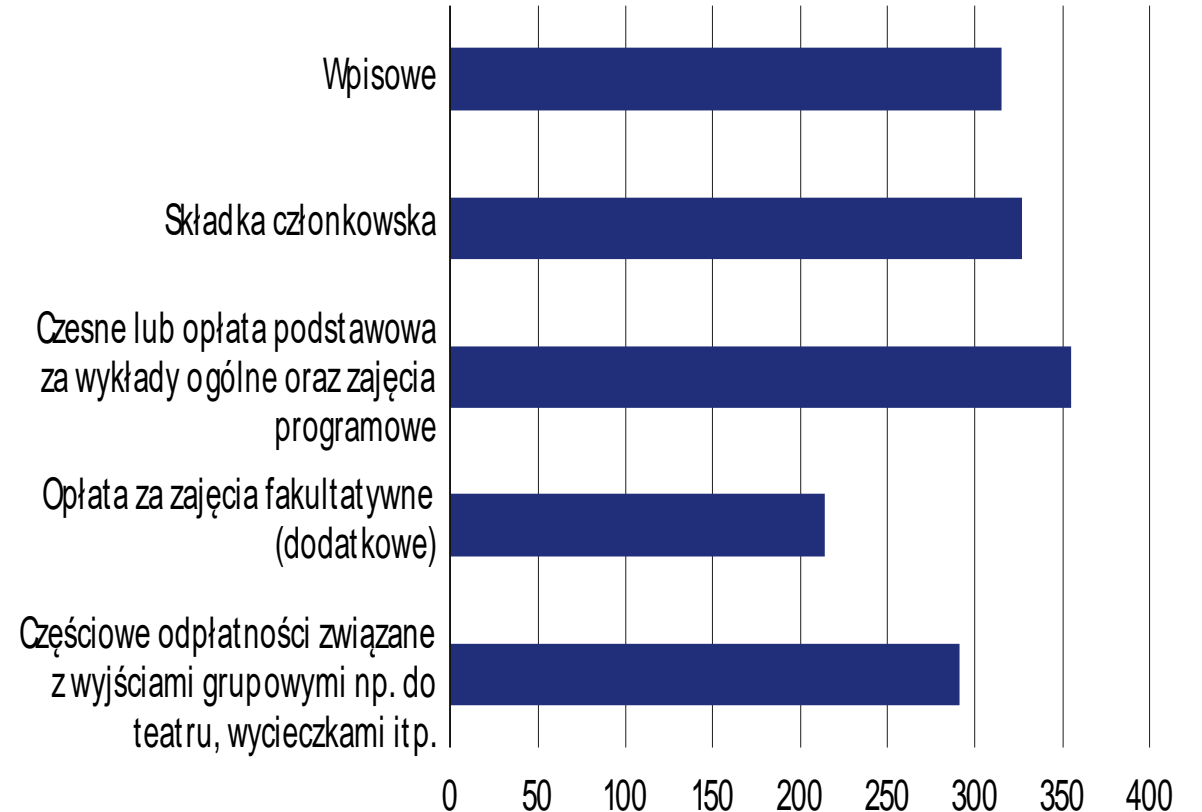
Polish U3A students by status on the labor market

- Retirees – 87,9%
- Pensioners – 7,3%
- Working people – 4,3%
- Unemployed people – 0,5%



Polish U3A fees

- Entry fee
- Membership fee
- Tuition or basic fee
- Payment for optional classes
- Partial payments for group events (e.g. theater, trips)




Academy of Third Age at Gdansk University of Technology, Faculty of Electronics, Telecommunications and Informatics

Spotkania z komputerem Polski (pl) Nie jesteś zalogowany(a) (Zaloguj się)

Lifelong Learning for All (Kształcenie przez całe życie jest dla wszystkich)

CITY GAMES (GRY MIEJSKIE)



Erasmus+
STRATEGIC PARTNERSHIP
FOR OLDER PEOPLE'S INCLUSION INTO THE DIGITAL WORLD

NAWIGACJA

Strona główna

- 2014 - "Moodle Case Studies since 2003"
- 2015 - "Active Citizens 60+ Case Studies"
- 2015 - SenAct volunteers work

Aktualności

- Kursy

Kursy

Zwiń wszystko

Spotkania z komputerem na WETI PG

- Kształcenie przez całe życie w czasie COVID 19 (2020-2021)
- SOK 2020
- IX LO - absolwenci 1971
- Uczące się ulice Wiednia i Edynburga (2019-2020)
- SPADE, SPIDW, Seniors@ICT (2018 - 2020)
- Sopoteka - Kawiarenka Językowa (2017-2018)
- W poszukiwaniu granic Europy - Gruzja (2016 - 2017)
- Śladami Kluwera i innych słynnych Gdańszczan (2015 - 2016)
- Gry miejskie "Aktywni 60+" (2014 - 2015)
- Uczenie się w późniejszym wieku jest dla wszystkich (2012 - 2014)

Erasmus+ (2017-2020)

- Seniors@ICT, 1.10.2018 – 30.09.2020
- Strategic Partnership for Older People's Inclusion into the Digital World, 1.10.2018 – 30.09.2020
- Be Smart - Strategic Partnership for Digitally Excluded, 1.10.2017 - 31.03.2020

Spotkania z komputerem dla seniorów - lab. 237 Nowa Elektronika, czwartki 15-16-45



KALENDARZ

September 2020

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The Erasmus+ SPADE, SPIDW, Seniors@ICT project have been funded with support from the European Commission.

SPADE – Strategic Partnership for Digitally Excluded

<https://erasmusplusakcja2.wixsite.com/besmart>

<https://www.facebook.com/SPADE-a-partnership-for-digital-inclusion-870429146462082/>

LTT in Gdansk in 2019



SPADE e-book

Co-funded by the
Erasmus+ Programme
of the European Union



This project aimed at trainers on ICT and Multimedia in seven EU countries. For 3 years, the partners – adult educators worked with seniors, later-life and senior learning providers – were meeting at project meetings and four workshops around Europe to exchange experience, learn new ways of using modern technology in teaching seniors and people with educational deficits and learn about their work in general.

Like it or not, this is the digital age. While for some of us it is quite easy to find our way around a strange town, to pay for our tickets and parking fees with our mobile phone and look up information on the internet, there are people, very often seniors or disadvantaged people, who find these tasks not so easy, if not impossible to do.

The four workshops took place in Lisbon (Portugal), Stuttgart (Germany), Vienna (Austria) and Norrköping (Sweden). At each place, transnational teams were formed, who had to work on an assigned task – do the researching, plan the exploration, gather the data,

Seniors@ICT

<http://www.ictseniors.org/>
<https://www.facebook.com/ictseniors/>

LTT in Gdansk in 2019



LTT in Barcelona in 2019



The Erasmus+ Seniors@ICT project has been funded with support from the European Commission.

SPIDW – Strategic Partnership for Older People’s Inclusion into the Digital World

<https://www.spidw.eu/>

<https://www.facebook.com/SPADE-a-partnership-for-digital-inclusion-870429146462082/>

INDIA - Special train for Seniors



Odisha State govt offers free pilgrimage to a train full of poor senior citizens every year. This train will carry senior citizens to Kolkata in West Bengal and Kamakhya in Assam before returning to Odisha. The senior citizens thanked the Chief Minister for fulfilling their long-pending wish of going on a pilgrimage. The train aims to enable the poor senior citizens of the state to visit various religious places across the country. It is free of cost and includes breakfast, meals, tea, snacks, tour guides, travel insurance, and medical facilities by Indian Railways during the entire duration of the journey.

Report from Dr Vyasamoorthy, Hyderabad.

POLAND - Erasmus Project

From Anna Grabowska: Strategic Partnership for Older People's Inclusion into the Digital World is a project for Exchange of Good Practice in the field of adult education. Priorities of the project are allocated in developing educators' competences, open education and innovative practices in a digital era, and social inclusion.



Further information can be [downloaded from here>>>](#) and a video (in Polish) is available [here>>>](#)

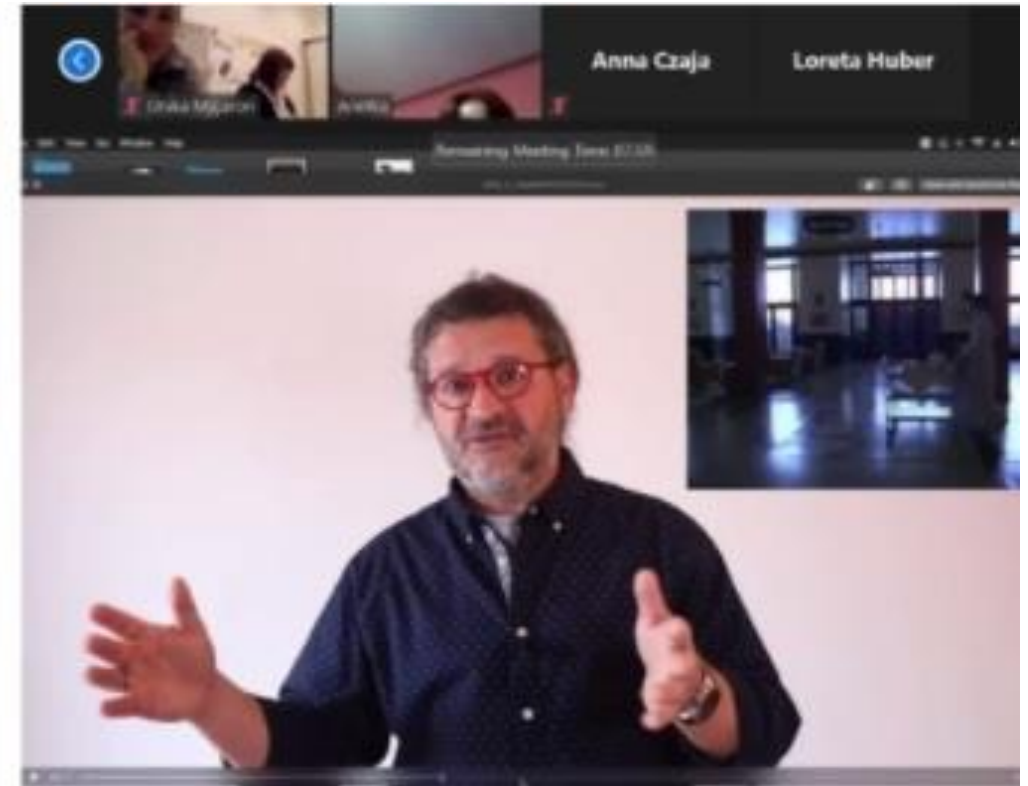


U3A Online: A complete GEMs Archive - Rick Swindell's newsletter - pdf printouts of all prior editions can be found at www.u3aonline.org.au

Do you know someone who would like to receive this newsletter in future? Ask them to email tom@worldu3a.org with a request and they will be put on the list. This webpage may be printed onto both sides of an A4 page and distributed to those with no Internet.

The Erasmus+ SPIDW project has been funded with support from the European Commission.

Cinema Workshop - producing short films, 19-21.05.2020, Lisbon



The Erasmus+ SPIDW project has been funded with support from the European Commission.

City Games in YouTube



The image shows a screenshot of a YouTube video player. At the top left is the YouTube logo. A search bar contains the word "Szukaj". The video content features the Erasmus+ logo (a blue square with yellow stars) and the text "Erasmus+" in blue. Below this is a black banner with white text that reads "STRATEGIC PARTNERSHIP FOR OLDER PEOPLE'S INCLUSION INTO THE DIGITAL WORLD". At the bottom of the banner are several colorful hands (blue, green, yellow, cyan, orange, red, pink, green, purple) raised. The video player interface includes a progress bar showing 0:00 / 7:15, a play button, a volume icon, and a settings icon. Below the video, the title "City Games" is displayed, followed by "276 wyświetleń • 20 lut 2019". At the bottom right, there are icons for likes (8), comments (0), share (UDOSTĘPNIJ), save (ZAPISZ), and a menu icon (three dots).

The Erasmus+ SPADE, SPIDW, Seniors@ICT project have been funded with support from the European Commission.

A3A in COVID 19 time in ZOOM



The Erasmus+ SPADE, SPIDW, Seniors@ICT project have been funded with support from the European Commission.

References

1. Universities of the Third Age in the 2017/2018 Academic Year, Statistical Office in Gdańsk, <https://gdansk.stat.gov.pl/en/>
2. Academy of Third Age at Gdansk University of Technology, Faculty of Electronics, Telecommunications and Informatics <https://jatobym.moodle.pl/>
3. ATW in Erasmus+ 2017-2020 <https://jatobym.moodle.pl/course/index.php?categoryid=13>
4. Erasmus+ SPIDW in YouTube <https://www.youtube.com/playlist?list=PLeOe3daa0qUxQPeZDC2-3gv8VYdR364VY>
5. WorldU3A Signpost <https://worldu3a.org/signpost/>

<https://www.facebook.com/anna.grabowska.3133/>

